



Messiah Lutheran Child Care Center

October, November, December 2021

Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10/4 11/1 11/29 12/27	10/5 11/2 11/30 12/28	10/6 11/3 12/1 12/29	10/7 11/4 12/2 12/30	10/8 11/5 12/3 12/31
Lemon Chicken Steamed Rice Sauteed Cabbage Orange WG Delicious-Made Bread*	Baked Mostaccioli Green Peas Banana WG Delicious-Made Dinner Roll*	Turkey Ham Wrap Shredded Lettuce Shredded Cheddar Cheese HV: Cauliflower CV: Fresh Broccoli Delicious-Made Ranch Dressing Pine-Melon WG Soft Flour Tortilla*	Italian Meatballs in Marinara Rotini Pasta Diced Carrots Pear WG Delicious-Made Bread*	Cheeseburger Casserole HV: Roasted Vegetables CV: Cucumber Slices Delicious-Made Ranch Dressing Mixed Melon WG Delicious-Made Bread*
10/11 11/8 12/6	10/12 11/9 12/7	10/13 11/10 12/8	10/14 11/11 12/9	10/15 11/12 12/10
BBQ Diced Turkey Mashed Potatoes Peas & Carrots Applesauce WG Delicious-Made Dinner Roll*	Salisbury Meatballs NEW! Garlic Mashed Potatoes Green Beans Banana WG Delicious-Made Dinner Roll*	Macaroni & Cheese HV: Diced Carrots CV: Southwest Bean Salad Pear WG Delicious-Made Bread*	Cheese Ravioli in Marinara Broccoli Orange WG Delicious-Made Bread*	Chicken Parmesan w/Noodles HV: Green Peas CV: Cucumber Slices Delicious-Made Ranch Dressing Mixed Melon WG Delicious-Made Bread*
10/18 11/15 12/13	10/19 11/16 12/14	10/20 11/17 12/15	10/21 11/18 12/16	10/22 11/19 12/17
Turkey Ham Wrap Shredded Lettuce Shredded Cheddar Cheese Diced Carrots Applesauce WG Soft Flour Tortilla*	Chicken Tenders HM Ketchup Mashed Potatoes Broccoli Banana WG Delicious-Made Dinner Roll*	Chicken Nachos Shredded Cheddar Cheese Sour Cream HV: Roasted Peppers CV: Fresh Carrot Coins Delicious-Made Ranch Dressing Mixed Melon WG Corn Tortilla Chips*	Chicken Fried Rice Cauliflower Orange WG Delicious-Made Bread*	HM Meatballs in Marinara Penne Pasta HV: Green Peas CV: Tossed Salad Delicious-Made Ranch Dressing Apple WG Delicious-Made Bread*
10/25 11/22 12/20	10/26 11/23 12/21	10/27 11/24 12/22	10/28 11/25(closed) 12/23	10/29 11/26(closed) 12/24(closed)
HM Chicken Patty HM Ketchup Baked Sliced Potatoes Diced Carrots Orange WG Delicious-Made Bun*	Macaroni & Cheese Brussel Sprouts Banana WG Delicious-Made Bread*	Turkey & Gravy NEW! Baked Sweet Potatoes HV: Green Beans CV: Fresh Carrot Coins Delicious-Made Ranch Dressing Honeydew WG Delicious-Made Dinner Roll*	Beef Tacos Shredded Lettuce Shredded Cheddar Cheese Cauliflower Applesauce WG Soft Tortilla*	NEW! BBQ Pulled Chicken Steamed Rice HV: Broccoli CV: Cucumber Slices Delicious-Made Ranch Dressing Mixed Melon WG Delicious-Made Bun*

Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives.

Menus are subject to change.

(*) Item is WHOLE GRAIN.

****ENTRÉES ARE DELICIOUS MADE (made from scratch)**

***What is Delicious Made** (de-li-cious made l di-Ti-shəs mād)?

Delicious Made means no sugar, no preservatives, no chemicals, no high-fructose corn sweetener, no trans fats.
Our Delicious Made, 100% Certified Organic meals are yummy, healthy, affordable and all-natural!